



Tamworth & District Indoor Bowls Club Ltd

Incorporating **Tamworth Bowls Club**



A Community Amateur Sports Club

COACHING NOTICE

Anyone wanting coaching can now book at Reception via our stewards.

Beginners Session – Saturdays, 9.30 to 11.30am

Improvers – Tuesdays, 4.30 to 6.30pm

Coaching Clinic – By appointment

Our qualified coaches have been trained by the English Bowls Coaching Society and are also, recognised by the Bowls Development Alliance.

Use of video with slow motion replay is used by many of our coaches to analyse technique and identify issues. Solutions are discussed and purposeful practice agreed.

Members Cost: £3 rink fee per session.

A direct approach to the coach of your choice is encouraged for one2one appointments.

Date: _____

Eagle Drive, Amington, Tamworth. B77 4EG

Tel: 01827 51702

e-mail: info@tamworthbowls.co.uk